

A HOLIDAY LETTER.

REAL HOLIDAYS.

At this season of the year nurses, in common with other people, are hoping for a holiday, after a year of strenuous work. Many nurses are homeless, and have but little leisure in which they can make their arrangements. Therefore the experiences of two nurses who have already taken a holiday may be helpful to others.

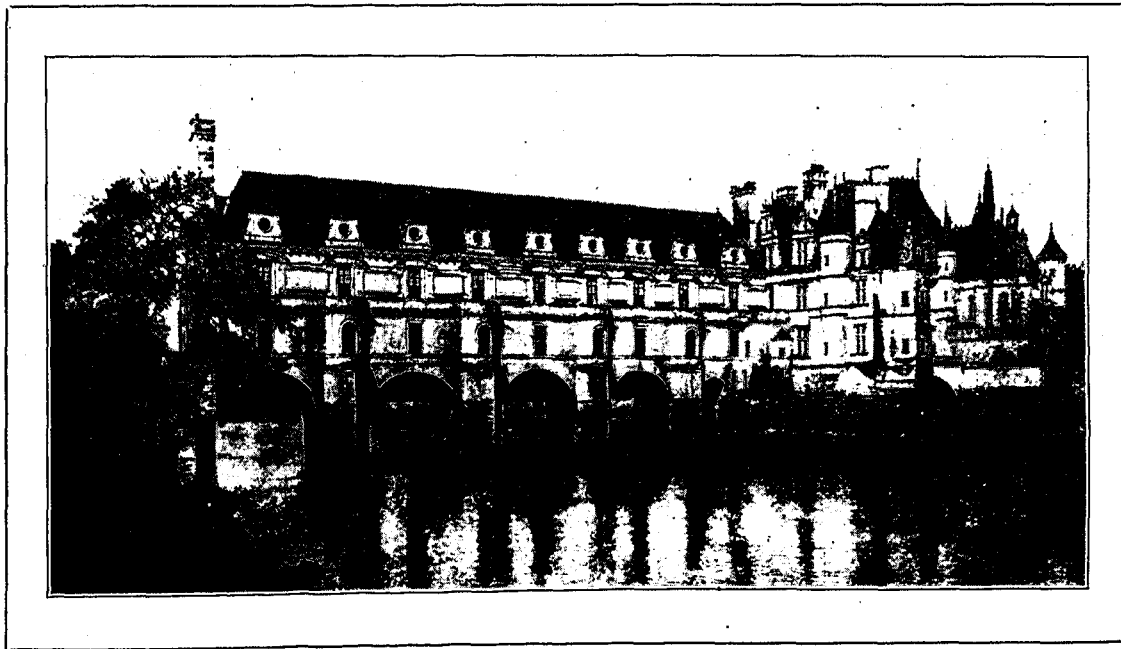
No. 1.—Accompanied by congenial companions, spent a fortnight in Touraine, amidst most beautiful and restful scenery, staying at Orleans, Blois and Tours, where they found cathedrals, museums and other places of interest to occupy their time, when not making excursions by rail, tram, or char-a-banc to the castles on the Loire, the residences of the Kings of France from the twelfth century onwards, so full of history and tragedy. In these old castles are found magnificent pictures, tapestry, and furniture of that period. To reach some of them there are

three meals, at the present rate of exchange cost about 9s. 6d. per day, therefore a thorough change can be managed for the same or less expense than a holiday at the seaside in England.

No. 2.—This nurse stayed at Napier, Callis Court Road, Broadstairs. She says: "I found this Home through seeing it advertised in THE BRITISH JOURNAL OF NURSING. I feel sure nurses who are feeling tired, and in need of a holiday, having no proper home like myself, would be only too glad to know of it. It is a very nice house with a garden, accommodating about eleven people, almost half-a-mile from the sea, trams run frequently to Ramsgate and Margate, and there are cheap char-a-banc trips to various places of interest, such as Canterbury, &c. The terms are moderate. The Lady Superintendent makes a reduction for nurses, and is kindness itself to them."

JULIA HURLSTON,

Secretary, pro tem, Registered Nurses' Society.



THE CHATEAU OF CHENONCEAUX ON THE LOIRE.

woods, parks and long avenues to pass through, while others are situated on steep hills overlooking the river, and that of Chenonceaux is actually built across it. The Council Chamber, which extends the entire width of the river and is decorated with medallions of the Kings and Queens of France, was used as a Hospital during the Great War. It was the residence of Francis I, Henry II and his favourite Diane de Poitiers, and of Henry III. After the death of Henry II, his widow, Catherine de Medicis, sent Diane to Chaumont and lived herself at Chenonceaux.

Most of these beautiful old chateaux in Touraine have unique gardens and stables which accommodated hundreds of horses. The Loire alone is worth seeing, its width, tranquility and colouring are glorious, especially at sunset. The town of Blois is on the slope of the hill, and is built in terraces, it is a peaceful spot, and the most central of the three places to make "headquarters." Also the Castle of Blois and the gardens require many visits. The journey from London, *via* Southampton, Havre and Paris is quite an easy one. A slight knowledge of French is useful. Return tickets, 2nd Class (with 1st on boat) are a little over £5. The hotels are comfortable and the food good, including

LEAGUE OF RED CROSS SOCIETIES.

The Presentation of Certificates to students completing the International Course in Public Health Nursing at Bedford College for Women, University of London, will take place at the College, on Friday, July 4th. The Certificates will be presented by Sir Wilmot Herringham, K.C.M.G., C.B., and Addresses will be given by Miss Margaret J. Tuke, Principal of Bedford College, and Miss Lloyd-Still, C.B.E., R.R.C., Matron of St. Thomas's Hospital.

Certificates for the 1923-1924 course are awarded to Misses Otilie Coreth and Pepina Wolfbauer, Austria; Julia Molnarova, Czecho-Slovakia; Amalia Bunch, Denmark; Hilda Hamburger, Esthonia; Sigrid Larsson, Finland; Madeleine Ahnne, France; Irene Charley, Great Britain; Katherine de Osztocs and Maria de Steller, Hungary; Serafima Dreikant, Latvia; Helena ter Meulen and Leopoldine van Hogendorp, Netherlands; Elise Moe, Norway; Leontine Adami, Uruguay; Nan Dorsey, United States. A Special Certificate is awarded to Rosa Hellich, Serbia, on having completed a Special Course of Study.

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